

## AUGUST NEWS!



Hi everyone! I had a great family reunion in Hawaii. I am originally from Hawaii and it was great to be back home with my relatives. Our experience back home led us to quite a few adventures.

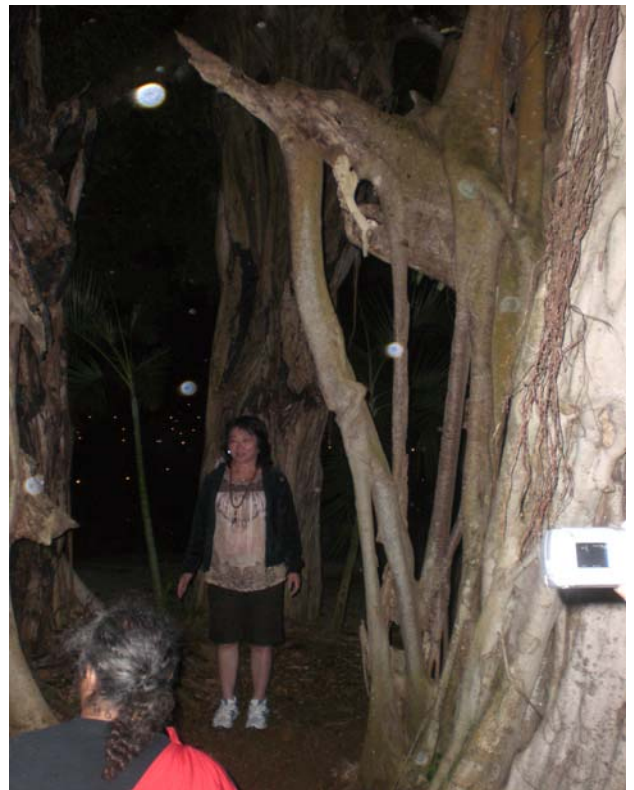
### HAWAII'S NIGHTLY GHOST TOUR

One of our first adventures took place on a ghost tour. At least 20 of the 'Sonoda' clan occupied two vans, each with our own ghost tour guide. The spirits told me to pick the van with Uncle Joe as the guide. His first question was 'is anyone here sensitive?' My son, Kevin and I raised our hands (so much for being incognito on this tour). Uncle Joe mentioned one of our sites was to be at a location where there was an 'accident.' I immediately felt a presence in the van and a spirit nudging me saying, 'this was no accident!' I relayed this to Uncle Joe and he asked, 'what are you getting?' I said that it was a murder! Uncle Joe was testing me and this is how the ghost tour started...

Another stop amongst at least four that night was centered in a parking lot. The area was pitch black with a few of us holding small flashlights. I did not have one. I first noticed a figure at the end of the parking lot. A man just stood there looking back at me. His face was so bright. I mentioned this to Uncle Joe and he asked me to point to the direction. Kevin also said that he saw a figure too and proceeded to take a picture. Unbeknownst to Kevin and me, a man's body was found by hikers just three days before on this very site. Uncle Joe proceeded to say a prayer in Hawaiian. I told him that this gentleman was not Hawaiian, so please say the prayer in English.

After this, Uncle Joe had me placed to the left of him as he led the twenty plus group of us on our ghostly journey. We kept referring to that 'night' as eerie, spooky and self-revealing. All of us returned to compare our digital shots of orbs. My cousins, some who were non-believers, are now quite curious and others are really into this now... great ways to get family members really close at a reunion!

At another site, Uncle Joe asked us to volunteer to stand in the midst of some trees. Apparently there was a 'portal' located there. I ventured in and discovered my father's spirit appeared to my left side and above that, high on my right, my grandfather's spirit. As I pointed them out, there were pictures taken which shows these orbs in those exact locations. That was so great! Thanks, Dad and Jiichan (grandpa) for showing up!



## COMMUNICATING WITH TURTLES



While in Hawaii, my sister Diane drove us to a bay where we saw turtles. I was able to swim and communicate with them. They are as curious about us as we are about them. As I tried to swim at a distance (rules are that we cannot touch the turtles), they swam closer to check me out. I guess it must have been my weird back strokes that they were curious about. I can't blame them! It looks quite hilarious too. Another turtle swam close enough to touch me with its fin. I guess it was their 'high five' for me. Thank you!



Lastly, my week's vacation ended with a lecture with therapists on 'How To Tap Into Your Intuition.' I am so thrilled to have that opportunity to talk with professional therapists who are interested in 'bumping' up their intuitive sensing. This is another way to connect with their clients and have a deeper connection with their inner guidance. Hawaii is the cutting edge.

## UPCOMING EVENTS IN AUGUST!

I will be on Shaun Valentine's radio show "AfterLife." I will let everyone know when that taping will air. Shaun and I will be taping next week. Please check out: [www.afterlife.com](http://www.afterlife.com)

I am busy with my feng shui clients and am enjoying how feng shui has helped with their career, business, relationship and health. Everyone thinks that people like me must already 'know' what to expect but I love to hear their results/experiences too! It is always more than what I had imagined! So let me know your own stories. I may even ask you if I can add your story on my website at: [www.torillah.com](http://www.torillah.com). Check out my Wednesday Night class in Anaheim too!

## SPIRITUAL/PSYCHIC CRUISE

We are still accepting those who would want to join me on a Spiritual/Psychic Mexican cruise on the Royal Caribbean, September 26<sup>th</sup> through the 29<sup>th</sup>. Please check my website (see above) for further information. A super deal cruising with a workshop, guided meditation, discounted readings with great people and having some great experiences to boot!

This month, thanks to the efforts of Pam Taylor, we will be busy editing part 2 of "Discovering Your Spiritual Path." This book will be titled "Secrets In Discovering Your Spiritual Path." It will have some really great information once you discover the 'real' or spiritual 'you' journeying through the first book. Once you become at 'one' with your physical and your spiritual self, the balance is achieved... so believe in yourself. You can achieve this oneness of being.